

XMprotein

Zija's XMprotein nutritional supplement shake—in Dutch Chocolate and Vanilla Bean flavors—is a delicious way to consume lean protein, Moringa oleifera, and other natural ingredients. Fuel your game, fuel your life!

The human body often absorbs, metabolizes and functionalizes nutrients differently depending on the combination of nutrients consumed. For example, iron uptake in the body is dramatically enhanced when consumed concurrently with vitamin C. This is also true for the essential nutrient protein.

Proteins are complex molecules assembled from a basic set of amino acids. Our body breaks down proteins into their essential amino acids, allowing them to be absorbed and incorporated into our cells. This action allows cells to reassemble the amino acids into functional proteins that help build muscle and carry out beneficial enzymatic reactions. This entire process is very co-nutrient heavy, requiring an assortment of B-vitamins, key minerals and other essential components.

While protein shakes are a common product, most of them are missing other nutrients necessary for the body to fully utilize and benefit from them, leaving users with lackluster results.

Zija's XMprotein Shake Mix combines the following natural ingredients and benefits to help feed your body and maximize your nutrition and fitness goals:

Whey Protein

Assists in post-workout recovery and promotes lean muscle development by replenishing your body's energy supplies and rebuilding muscle fibers.

Expert Formulation

XMprotein has been carefully formulated to be a low-calorie, low-fat blend while delivering fiber to keep you fuller longer and maximize metabolic benefits. It's also enhanced with Moringa's 90-plus vitamins, minerals, vital proteins, antioxidants, omega oils and other benefits.

XMprotein Suggested Use

Blend, shake or briskly stir contents of two scoops into 400-500 ml of cold water until smooth.






SUPPLEMENT FACTS				
Serving Size: Approximately 2 Scoops (37.5g)				
Servings Per Container: 28				
Amount Per Serving	% Daily Value			
XMprotein Flavor	Choc	Van	Choc	Van
Total Calories	150	145		
Calories from Fat	20	10		
Total Fat	2g	1.5g	3%	2%
Saturated Fat	1g	1g	5%	5%
Cholesterol	60mg	60mg	20%	20%
Sodium	105mg	60mg	4%	2%
Total Carbohydrates	13g	14g	4%	5%
Dietary Fiber	3g	1g	12%	5%
Sugars	4.5g	4.5g	-	
Protein	20g	20g	40%	40%
Calcium			13%	15%
Iron			19%	8%
Proprietary Blend	25g	28g	*	
Whey Protein, Moringa oleifera Blend (Leaf Powder, Seed Cake, Fruit Powder)				
Stevia	140mg	160mg	*	
Percent Daily Value is based on a 2,000 calorie diet *Daily Value not established				

DUTCH CHOCOLATE INGREDIENTS: Proprietary Blend, Dutch Cocoa Powder, Pure Cane Sugar, Natural Flavors, Fruit Pectin.

VANILLA BEAN INGREDIENTS: Proprietary Blend, Natural Flavors, Pure Cane Sugar, Fruit Pectin.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

XMPROTEIN PRODUCT USE GUIDE

-  CONTAINS MORINGA
-  PROVIDES NUTRITION
-  AIDS IN WEIGHT MANAGEMENT
-  COMES IN POWDER FORM
-  TAKE ANY TIME DURING THE DAY

